

ACORNS DROP-IN

Information and advice - teen relationships and domestic abuse



Around 1 in 5 children and young people have been exposed to domestic abuse

Around 1 in 5 teenagers have been abused by their boyfriend or girlfriend

Domestic abuse is **NEVER** your fault - and you never have to deal with it on your own.

Find more information on our services at

www.acornsproject.org.uk

Are you aged 14-25? Are you frightened by someone you are dating, or worried about violence at home? Maybe you have concerns about a friend? Our confidential service can help:

- Call in to our drop-in sessions every Thursday 4 pm – 6pm:
 - From 04.04.19 @ Acorns
 - From 13.06.19 @ The Linskill Centre
 - no appointment is required
- Contact our text helpline on 07712 862858
- Contact us through Facebook messenger – search for acornsproject

*We aim to reply to texts and messages as soon as possible within normal office hours



The Linskill Centre
42 Linskill Terrace
North Shields
NE30 2AY
Tel: 0191 2578000



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